



STAY SOBER ON THE ROAD

IMPAIRED DRIVING LEADS TO TRAGEDY



KNOW THE RULES

Safety is everyone's responsibility. CMV drivers must understand and follow the rules and regulations. Employers are accountable for their drivers' safety performance and education of the Behavior Analysis and Safety Improvement Categories (BASICS).

To keep roads safe, the Federal Motor Carrier Safety Administration (FMCSA) requires drivers to be tested before being hired, while employed as truck driver and if they are involved in a crash

Drunk driving continues to be a national problem with nearly 10,000 people dying in alcohol-related crashes every year. With an 80,000 pound semi truck traveling at 65 mph, you are truly the king of the road. But when you combine the size of your truck, how fast you're moving, and the effects of alcohol or other substances, the results can be deadly.

Alcohol and drugs slow reaction time and limit a person's ability to concentrate and make decisions. Legal or not, alcohol and drugs affect motor skills, reflexes and judgment—all of which are vital to driving safely. So if you're under the influence, you put yourself at high risk of hurting yourself, injuring someone else or even killing them.



DID YOU KNOW



Every 53 minutes, someone dies from a drunk-driving crash.



A truck driver cannot operate a semi if their Blood Alcohol Content (BAC) is 0.02 or greater.



After consuming alcohol, drivers must wait 4 hours before going on duty.



Prescription and over-the-counter drugs can impair your ability to drive safely.



A driver may not operate a CMV if they're on any type of illegal drug, amphetamine, narcotic or any other substance that impairs judgement while driving.

For further information visit the following sites or email drivetostayalive@utah.gov



ut. **Zero Fatalities**.com